

DIABETES REFERRAL NETWORK TRAINED IN ACADEMIC DETAILING

At their January coalition meeting, the Diabetes Referral Network (DRN) completed their training in Academic Detailing. Academic Detailing is the physician outreach process DRN will use to support local medical providers in delivering evidence-based care to their patients. Through one-on-one meetings, the best clinical evidence is shared with clinicians in an engaging format. Clinicians can then use information acquired through the academic detailing process to better screen, educate, and treat their patients.

DRN underwent the two-hour training at Community Partners. Four coalition members were trained. Denise Zwiener, executive director for Community Partners, led the training.

As trained Academic Detailers, DRN members have the knowledge and skills to listen effectively and quickly assess the needs of a provider or practice. They can then offer evidence-based suggestions for treating patients with diabetes. This training will help DRN connect local medical providers with the many great diabetes management resources available in our community.

DRN is currently putting their training into practice. If you know of a physician willing to briefly discuss local diabetes resources with one of our trained detailers, please reach out to Kendra Hansen, wellness coordinator, at Wellness@BCCHP.org.



DRN members Laura Aden and Shellie Berry work through their Academic Detailing training worksheets.



Guides used by the newly trained Academic Detailers.



DRN member Tish Meyer practices Academic Detailing with Denise Zwiener, executive director.

PHOTOVOICE WINTER SESSION BEGINS

The winter session of the PhotoVoice program began in January. Five youth will go through the program in January ranging from 6th to 11th grade. They began the program by learning to use their new cameras.

Throughout the next eight weeks, the youth will learn the art of photography and expressing themselves creatively. They'll have the opportunity to take pictures around town, and discuss those pictures and the meaning behind them with the rest of the class. After they've completed the program, the youth are invited to keep their cameras and continue their new hobby.

The pictures taken by all PhotoVoice participants throughout the 2017-18 school year will be displayed in the Walkway Gallery at CHI Health Good Samaritan Hospital this fall.



PhotoVoice participants discuss the pictures they've taken so far.

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STAKEHOLDERS MEET ABOUT OPIOID USE AND MISUSE IN BUFFALO COUNTY

Local stakeholders met in January to begin discussing a response to the Buffalo County assessment of opioid misuse and overdose done by Positive Pressure and the Buffalo County Community Partners team. The purpose of the meeting was to review the report of that assessment and discuss next steps.

The report reviewed is a compilation of 16 key informant interviews with local law enforcement, medical providers and social services representatives. Common concerns noted were the community's attitudes toward opioid misuse and overdose, and the access to opioids in our county. Decreasing access to opioids and increasing awareness of the issue are ways our community can be proactive in this area.

"While Buffalo County has not been affected by the overdose deaths as critically as other areas of the nation, all community stakeholders interviewed agreed opioids are being misused in our community," the report states. "There are steps we can collectively take to prevent and treat opioid misuse."

One of those steps is the recommendation to create a taskforce of key stakeholders in Buffalo County to guide the continued response to opioid misuse and overdose in Buffalo County.

Thirteen people attended the meeting held at Buffalo County Community Partners. Those involved included local law enforcement, medical providers and social service representatives. The group approved the report, as well as the recommendations outlined within the report.

Opioids are a class of drugs that encapsulate natural, synthetic, and semi-synthetic drugs that derive from opium. Such drugs include the illegal drug heroin, fentanyl, and pain relievers such as oxycodone and hydrocodone, which are available with a prescription.

The funding for this work is part of a sub-award partnership between Community Partners and Region 3 Behavioral Health Services. It is part of Nebraska's State Targeted Response to the Opioid Crisis within the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment and Center for Substance Abuse Prevention.

To access the full assessment report, or for more information on the taskforce, please contact Wanda Fedorchik, substance abuse prevention coordinator at PositivePressure@bcchp.org.



Wanda Fedorchik presents to the group.



Dr. Hugo Gonzalez and Sheriff Neil Miller discuss the opioid report.



Emily Baughman presents to the group.

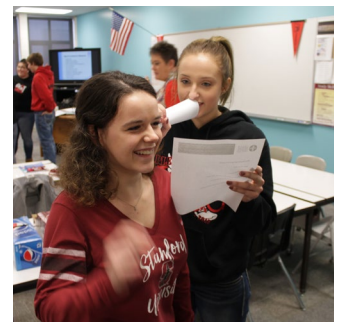
PLEASANTON HOSTS YOUTH MENTAL HEALTH FIRST AID

Eight youth were trained in Youth Mental Health First Aid in Pleasanton on January 14 and 15. Youth Advisory Board (YAB) members Emma Keaschall, Sage Keim and Samantha Phillips put the two-day training together.

The eight youth trained include: Emily Zimmer, MacKenzie Metz, Bridget Darby, McKenna Siegel, Jakson Keaschall, Saige Keim, Emma Keaschall and Maya Kegley.

The Youth Mental Health First Aid training provides youth with the basic skills to identify the warning signs and help someone who is experiencing a mental health challenge or crisis. YAB members underwent the training in December.

If you are interested in scheduling a Youth Mental Health First Aid training for your organization, reach out to Region 3 Behavioral Health Services. If you have questions about the training or need assistance in setting up a training, please contact Josh Arias, youth coordinator, at (308) 865-2290.



Pleasanton students and YAB members undergo the Youth Mental Health First Aid training in Pleasanton.

BOARD OF DIRECTORS HAS ANNUAL RETREAT

The Board of Directors held their annual retreat on Wednesday, January 10. The 3-hour retreat is set aside each year to celebrate the successes from the year prior, and begin creating a strategic plan for the next year of work.

This year, the board was celebrating improved attendance and knowledge of coalition work, simplicity in overall communication, and sustainability of the work that's currently being done.

The group set strategies to reach those 2017 goals. Over the last year, adjustments were made to meetings to make regular attendance easier. The board also set aside time for education on coalition activities and funding.

After celebrating those successes from 2017, the board turned to future planning for Community Partners. They re-visited the vision and values of the organization in a variety of small- and large-group work sessions.

The conversations and activities from this year's board retreat will be used not only to create a strategic plan for 2018, but also to begin conversations for planning the next 10-year phase of our work and creating a 2030 vision for Buffalo County.

The retreat was also a first meeting for three of our four new board members. For a complete list of board members go to BCCHP.org/Board.



Board members Nadia Saadi and Ken Shaffer discuss in their small group (above).

Executive director, Denise Zwiener, checks in with board members Judy Schultz, Mike Tye and Monique Pohlman (below).



ACTIVATE BUFFALO COUNTY MEMBERS ENJOY COMMUNITY EVENTS

Employees of businesses with Activate Buffalo County (ABC) worksite wellness memberships enjoyed discounted entry into two local sporting events in January.

On Saturday, January 13th, ABC members received discounted tickets to the Tri-City Storm hockey game against the Des Moines Buccaneers. On Thursday, January 18th, ABC members received buy one, get one free tickets to the UNK men's and women's basketball games against Northwest Missouri State University.

Discounted tickets on promotional game nights are just one perk of an ABC membership. Worksite wellness members also have access to a variety of discounted training and wellness coaching materials. Their employees are afforded discounts to local gyms, massage therapists and more.

All local businesses are eligible to become an ABC worksite wellness member. The membership program is designed as a local supplement to existing worksite wellness programs, or as a foundation for new programs. It's a collaborative membership that encourages business-to-business communication, networking and support for a healthy workforce.

To learn more about the worksite wellness membership program, go to ActivateBuffaloCounty.com/Membership or contact Kendra Hansen, wellness coordinator, at Wellness@BCCHP.org.



ABC brought a prize package to the Storm Hockey game.

EARLY CHILDHOOD DEVELOPMENT UPDATE

Those taking part in implementing the Rooted in Relationships Pyramid Model had their third training on Saturday, January 13, 2018, at Educational Services Unit 10.

Thirty childcare providers and directors attended the six hour long training. The training was led by lead-coach Patti Mahrt-Roberts.

Training topics included social emotional skills, emotional literacy, managing strong feelings (empathy, self regulation) and developing strong and positive relationships with families.

The providers trained include both in-home and center-based early care and education facilities in Buffalo County.

The Pyramid Model takes a tiered approach to providing support to all children by promoting wellness, as well as targeted services to those who need more support, and intensive services to those who need them.



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We would like to thank CHI Health
Good Samaritan for providing mailing
services for our newsletter.

WE NEED YOUR INPUT!

The Adult Behavioral Risk Survey is now live! We need your help in collecting responses.
Please take the survey at the link below. It should take about ten minutes to complete.

The data collected from this survey will be used to continue to drive
the work you do as part of Buffalo County Community Partners.



2018 Adult Survey

Now available to
Buffalo County
residents, 19 years
and older at:

[BCCHP.org/Survey](https://www.bcchp.org/survey)

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