

## Prescription Takeback Yields 337 Pounds

The Buffalo County Sheriff's Office hosted a prescription takeback event on Saturday, October 28th. Positive Pressure, along with Two Rivers Public Health Department, CHI Health Good Samaritan, and the Kearney Elks Lodge #984 helped put on the event.

The takeback yielded 337 pounds of drugs collected. The same event in the spring of 2017 yielded 565 pounds collected.

Prescription drugs have surpassed car accidents as the leading cause of accidental death in the U.S. Many people who abuse prescription drugs report getting them from friends or family without them knowing.

In fact, here in Buffalo County, 20% of high schoolers report that it is easy to get prescription drugs.

This event is designed to help collect unused prescription medication so it can be disposed of safely. Positive Pressure helps host two prescription takeback events each year on the DEA's national prescription takeback days. The event and marketing were funded in part by federal and Nebraska Department of Health and Human Services funds.



Volunteers and local law enforcement (above) helped collect 11 boxes of unused medication (below).



## Coalitions Create Cheer Pages for Give Where You Live



Throughout the last month, our coalitions have been discussing how they'd like to share the work they do leading up to Give Where You Live—the Kearney community's giving day. Most of our coalitions have taken advantage of new feature on the Give Where You Live website this year.

Cheer pages allow individuals or groups to help raise money on behalf of an organization. Each of our coalitions has put together a cheer page to tell our community about the work they're doing. You can see and share our cheer pages, or create your own cheer page at [GiveWhereYouLive.net/BCCP](http://GiveWhereYouLive.net/BCCP).

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## Walk Audits Help Residents Analyze Streets and Sidewalks

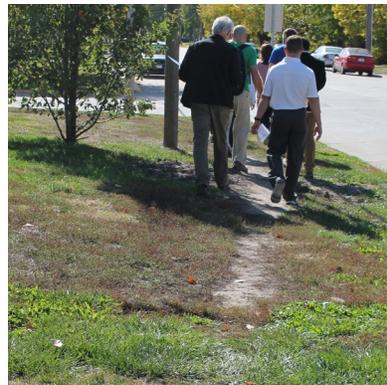
Community Partners and Two Rivers Public Health Department have recently begun work co-leading a committee called Kearney Active Living. The committee is designed to help improve walkability and bikability in our community.

Kearney Active Living hosted three “walk audits” last month. A walk audit is essentially a walking meeting open to the community. Residents are invited to come walk and take a strategic look at the condition of their streets and sidewalks.

The walk audits were held in three different areas of town—near the university, in the southeast residential neighborhood, and on the south side of town near the hotels. Overall, seventeen people walked and provided feedback about the routes chosen.

"It was great to hear everyone's unique input on the walkability of our community," said Kendra Hansen, wellness coordinator for Community Partners. "We were able to get a lot of great feedback and make a lot of connections that will help this work move forward."

Kearney Active Living's long-term goal is to create community support for walkability and bikability in our community. They hope to help the community understand the idea of complete streets that are safe for all who use them.



## Positive Pressure Receives Funding for Opioid Abuse Prevention

Buffalo County Community Partners and Positive Pressure received grant funding from federal and Nebraska Department of Health and Human Services funds to begin work regarding opioid misuse and overdose in our county. The funding is a subaward partnership between Buffalo County Community Partners and Region 3 Behavioral Health Services.

This funding will be used to help assess the problem of opioids in our county. Many cities across the country are seeing epidemic-level use of opioids. While that does not seem to be a problem Buffalo County is facing, it's important to learn what is happening in order to strategically focus our efforts on preventing opioid abuse in our community.

Community Partners has begun to conduct a number of key informant interviews from local stakeholders including law enforcement, medical providers and social services. This funding will help our team to conduct at least twelve interviews and compile the data into a formal assessment.

Opioids are drugs that include the illegal drug heroin, synthetic opioids such as fentanyl, and pain relievers available by prescription such as oxycodone, hydrocodone, etc. If you're interested in learning more about opioid use in Buffalo County, please contact Wanda Fedorchik, our substance abuse prevention coordinator.

# City of Kearney Recognize Be Safe Be Smart Champions

Positive Pressure partnered with the City of Kearney to help recognize a few local businesses who were integral in the success of the Be Safe, Be Smart Cruise Nite campaign.

Those champion businesses included:

- Speedee Mart, located at 2 Talmadge Street
- Kwik Stop, located at 1206 W 24th Street
- Walgreens, located at 2516 2nd Avenue

Each business was presented with a certificate signed by Mayor Stan Clouse and the City Council. They were also recognized on the City's Facebook page.



From left to right: Wanda Fedorchik, Community Partners; Sandy Stotler, Kwik Stop; Jonathan Nikkila, City Council



From left to right: Stan Clouse, City of Kearney; Kevin Heese, Walgreens; Cat Urrutia, Community Partners



From left to right: Jonathan Nikkila, City Council; Linda Neemeyer, Speedee Mart; Wanda Fedorchik, Community Partners

## Be Well Learns from Lincoln Farmer's Market Experts



At their October meeting, Be Well Buffalo County met virtually with a farmer's market experts from Lincoln, Neb. They learned how markets in Lincoln have utilized

nutrition assistance and the "Double Up Food Bucks" program to help maximize their reach.

Be Well spoke with Morgan Harline from the University of Nebraska-Extension, and Sarah Smith from the Old Cheney Road Farmers Market. Both provided excellent input on the work that has been done in Lincoln to make farmer's markets a viable grocery option for everyone in the community.

## 2017 Data Reports Available Online Now

Community Partners' 2017 data reports are now available. These reports have been updated with data from our 2016 surveys, as well as updated state and county data.

"These surveys are a great snapshot of our progress toward our 2020 goals," said Emily Baughman, data coordinator at Community Partners. "They help us gradually track our outcomes."

The reports are broken out by the five strategic directions outlined in our 2020 vision. You can view the full data reports and learn more about the 2020 vision at [BCCHP.org/2020Vision](http://BCCHP.org/2020Vision).



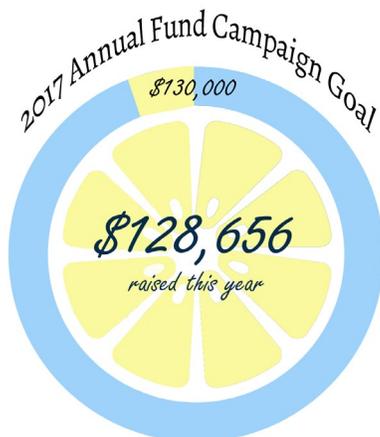


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*We would like to thank CHI Health  
Good Samaritan for providing mailing  
services for our newsletter.*

## Thanks to Our September Donors

Todd and Michelle Sawicki  
Brad Greisen  
Northwestern Energy  
Dr. George and Roxanne Bascom  
Tim and Peggy O'Dea  
Barney Insurance  
Wells Fargo  
William and Trish Kenagy  
Anonymous Donation for Youth Mental Health



## Give S'more!

Save the date for our

### Give Where You Live

celebration event!

Join our Community Partners family at  
Chapman Swifts Coffee House on  
**Thursday, December 7th from 4 to 6 p.m.**

We'll be enjoying coffee and s'mores together  
around the fire pit. We hope to see you there!

If you would like to partner with us through  
a financial donation, you can:  
Contact 308-865-2280 or [dzwiener@bcchp.org](mailto:dzwiener@bcchp.org)  
Or donate online, [BCCHP.org/Give](http://BCCHP.org/Give)



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