

Walk Out On Your Job

May 17, 2017

11 a.m. - 1 p.m.
UNK College of Education

Join Activate Buffalo County as we continue to promote a healthy workplace by walking out on the work that keeps us tied to our desks.

This year's **group walk** will begin at the UNK College of Education. There's no formal start time, so join us when you can over your lunch break!

You can also **walk at your workplace**. In fact, hosting your walk at work can help you establish a route and create long-term active habits.

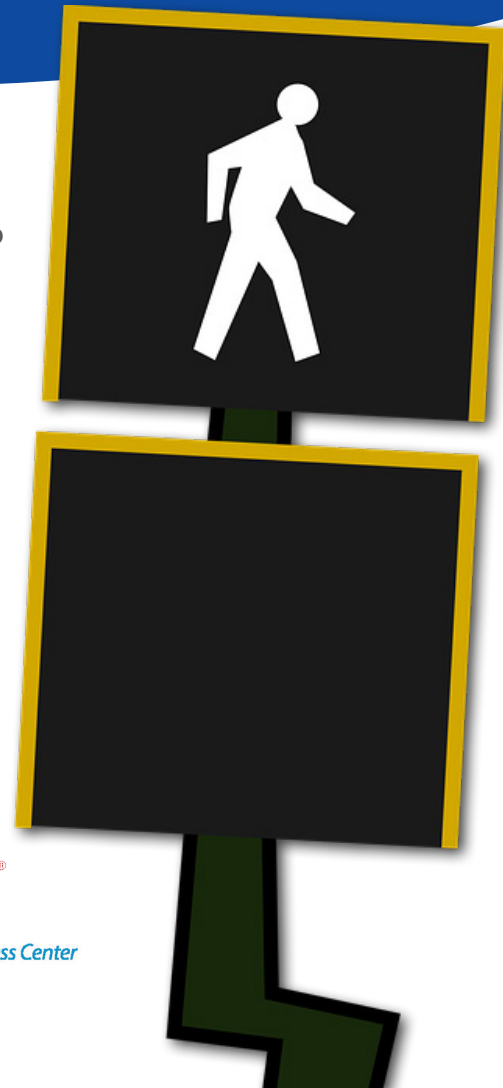
Your \$6 Registration Includes:

- A 2017 Walk Out On Your Job event t-shirt
- A coupon for one free trip through the Hy-Vee Salad Bar
- Assistance planning your route if you choose to walk off-site

Activate Buffalo County is a coalition of Buffalo County Community Partners. The coalition and this event are supported by these sponsors:



Good Samaritan Wellness Center



Get your workforce registered today!

Fill out our form online at ActivateBuffaloCounty.com/Walk

- OR -

Contact Becky Squiers at Buffalo County Community Partners

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